

CHECK OUT THESE  
**Energy-efficiency**  
tips for your home.



# ENERGY-EFFICIENCY TIPS FOR YOUR HOME

This energy-efficiency tips brochure was developed to help you better manage your home's energy costs. To get you started, Tampa Electric recommends that you complete a free Energy Audit. An Energy Audit is designed to identify where and how your home may be wasting valuable energy.

*Choose the energy audit that's right for you:*

- **Online Energy Audit** - If you're serious about saving, our energy experts recommend taking about five to ten minutes to complete a personalized online audit at [tampaelectric.com/onlineaudit](http://tampaelectric.com/onlineaudit). Once you log in with your existing Tampa Electric username and password, you'll receive a customized report that uses your home's actual energy consumption. You can even set up helpful alerts and much more. Not already registered? No problem, simply register to get started. Our energy experts recommend the personalized Online Energy Audit and encourage you to revisit your personalized audit throughout the year. For increased accuracy, be sure to update your personalized audit when you install new appliances and make lifestyle changes.
- **In-Home Energy Audit** - Schedule an appointment online or by phone for a Tampa Electric energy analyst to inspect your home to find ways it may be losing energy.



## Heating and Cooling

- Service heating and cooling systems annually and adjust for maximum efficiency.
- Have your duct system sealed.
- Replace central air conditioner with a more efficient unit.
- If your home will be unoccupied for more than four hours, turn off heating in winter months and adjust your thermostat to 80 degrees Fahrenheit or higher in summer months.



- Set thermostats at 78 degrees Fahrenheit or higher in summer and 68 degrees Fahrenheit or lower in winter.
- When using heat, lower your nighttime thermostat at least 10 degrees for 8 to 10 hours and save 10 percent to 20 percent on heating costs.
- Consider a new ENERGY STAR® programmable thermostat and get a rebate from Tampa Electric.
- Run ceiling fans in occupied rooms only. Set them to rotate clockwise in winter and counterclockwise in summer.
- Change filters monthly and make sure they are installed facing the correct direction (look for directional arrows on the side of the filter).
- Close fireplace dampers when not in use.
- Close shades and drapes at night to keep heat inside during the winter.
- Close shades and drapes during the day to help keep heat outside during summer.
- Insulate your attic access door and close tightly if located within an air-conditioned area.
- Ensure windows and doors are properly weather-stripped.



Earn a Tampa Electric rebate when you replace your old, inefficient Heating and Cooling system with a new, energy-efficient heat pump that meets our energy-saving standards. We also offer an incentive when you have your ductwork inspected and sealed. Ask our energy experts to set up a pre-approval inspection.

## Water Heating

- Install heat recovery water heating and save 35 percent to 55 percent on water heating costs with a central air conditioner.
- Install flow-restricting devices in showers and faucets.
- Lower water heater thermostat settings to 120 degrees.



- Replace your water heater with a heat pump system.
- Turn off your water heater when your home is vacant for two or more days.
- Drain your water heater and flush sediment out of the tank each year.
- Insulate exposed hot water lines.
- Limit shower length to five to seven minutes.
- Fix dripping faucets.

## Laundry

- Wash clothes in cold water.
- Do only full laundry loads or adjust water level accordingly.
- Clean your dryer's lint trap before each load.
- Make sure that the outdoor dryer exhaust door closes when the dryer is off.
- Verify dryer vent hose is tightly connected to inside wall fitting.
- Make sure your dryer's vent hose is not kinked or clogged.



## Kitchen

- Fix damaged refrigerator door seals.
- Replace old appliances with high-efficiency models.
- Clean refrigerator coils every three months.
- Switch your refrigerator's power-saver to "ON," if available.
- Set refrigerator temperature to 34 to 37 degrees Fahrenheit and freezer temperature to zero to five degrees Fahrenheit.
- Unplug unused refrigerators or freezers.
- Use a microwave, air fryer and/or instant pot for cooking when possible.
- Let hot food cool before storing it in a refrigerator.
- Only run the dishwasher when fully loaded.

*(Continued on reverse)*

## Lighting

- Replace standard incandescent bulbs with efficient light-emitting diode bulbs (LEDs).
- Turn off unnecessary lighting.
- Install automatic timers and/or motion sensors on indoor and outdoor lighting.



## Miscellaneous

- Seal leaks in your attic, fireplace and around electrical outlets.
- Shade windows or install reflective materials to windows that face east and west.
- Caulk and/or weather-strip windows and doors.
- Insulate walls, ceilings, and crawl spaces that are opposite unconditioned areas (ask about our insulation rebate).
- Turn computers and monitors off when not in use.
- Turn off TVs, radios, gaming systems and stereos when not in use.
- Turn off pool pumps and/or heater when not needed and adjust timer to operate 6-8 hours in summer and 4-6 hours in winter.
- Insulate electric wall plugs and wall switches with foam pads.
- Caulk along baseboards with sealant.
- Ensure all new appliances you purchase are approved by ENERGY STAR®, a U.S. government program that encourages energy savings through the use of efficient appliances. Visit [energystar.gov](http://energystar.gov) for more information.

Earn a Tampa Electric rebate and save money when you install an ENERGY STAR-certified smart thermostat to control your heating and cooling system. Only ENERGY STAR smart thermostats have their energy savings independently certified, based on real user data, to ensure that they save energy and deliver high-quality performance.

Tampa Electric offers many rebates for implementing stand-alone measures that can increase home comfort and decrease energy costs.

Join with us to reduce your energy costs.  
Learn more at [TampaElectric.com/Save](http://TampaElectric.com/Save)  
or call us at 813-275-3909 weekdays  
from 8 a.m. to 5 p.m.

**Schedule an energy audit  
and save.**

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